

Kairos Cookie Preparation

Since the cookies will be taken into a prison, there are some very rigid requirements that must be followed. Every cookie is inspected before it is allowed in the facility, and any that are oversized, broken from shipment, or stuck together must be removed.

The No-No's for Kairos Cookie Preparation:

Do Not add icing, powdered sugar or any other topping or coating on the outside of the cookies.

Do Not use pre-made, dry, refrigerated or frozen cookie dough. The impact of agape love felt from homemade cookies is overwhelming when the inmates realize the sacrifice of time in mixing and baking cookies from scratch.

Do Not use butter or margarine. (Use shortening instead). The ones made with butter and margarine break easily.

Do Not bring bought or no-bake cookies.

Do Not use raisins or nuts.

The size should be 2" diameter or the lid of a Pringle's canister.

PLEASE BAKE ONLY CHOCOLATE CHIP COOKIES – These are what the prison residents ask for and really miss having to eat.

COOL – PACK – FREEZE:

Cool! Cool! Cool....each cookie thoroughly. Chocolate chip cookies take a long time to cool completely. Freeze cookies Flat and pack 6 per zip-lock bag in a sturdy cardboard box for transporting.

Basic Cookie Dough (Makes 5 dozen)

1 cup shortening (not butter)	1 cup brown sugar
1 cup granulated sugar	2 eggs
2 tsp. vanilla	2 ½ cups flour
½ tsp salt	1 tsp soda
1 tsp baking powder	2 ½ cups chocolate chips

Cream shortening and sugar until fluffy. Add eggs one at a time.
Sift dry ingredients and add to creamed mixture. Beat in vanilla.
Add chocolate chips. Drop onto cookie sheets by spoonfuls.
Bake at 350 degrees until medium to dark brown (From 13 to 20 minutes)
Cookies should be 2 inches in diameter (size of a Pringles lid)

The Key Ingredient: Prayer Pray individually or as a family over the ingredients before and during mixing. Pray over the cookies as you drop them onto the cookie sheets and bake them. Ask God to use your cookies as a source of His love to shine on the prisoners and staff on the Kairos weekend. Pray that each cookie brings the inmate, officer or warden who eats it closer to God. We want every person to become part of the family of God